

[www.blaby.u3asite.uk](http://www.blaby.u3asite.uk)

U3A is a national organisation for retired and semi-retired people who are no longer in full time employment, offering opportunities for members to come together in a friendly environment.

**July 2026**

Hi everyone,

I hope you are enjoying / surviving this sunny weather. Many meteorological records have been broken and so have the water mains. We now wait for the rain!

This month's speaker is Helen Dwyer talking about health matters.

Don't forget to buy from our stock of books, jigsaws and CD's.

Keep well.

Steve Hammond-Evans

Chair

## GROUPS

### BOOK CLUB

Book club are reading 'A French Affair' by Katie Fforde, a deliciously enjoyable romance, just right for summer reading! We meet on the last Monday of the month at 10am at Gill's house but if this falls on a Bank Holiday then we meet on the following Monday. Come and join us to discuss the book and chat.

Books are borrowed from the library so no need to buy. Large print and audio tapes are available too on request.



### COFFEE MORNING GROUP

Meets on 4th Wednesday of the month at 11 a.m. at the Antiques Centre, Blaby. All are welcome - coffee and cake with friends

## STROLLERS

Due to holidays and injury just four strollers met this month but it was perfect weather after the recent heatwave, cloudy with a cool breeze. We headed over to the back of Bouskell Park and then through the woods to the footpath that runs parallel to Hospital Lane. We crossed over and then entered the gateway to Countesthorpe Country Park. The birds were also enjoying the cooler weather and Marguerite was able to identify who was making the beautiful bird song from a clever app she had on her phone. We stood at the wildlife pond but were unable to spot any sign of life, I think the thick reeds were keeping everything screened from prying eyes. We followed the pathway out onto Winchester Road and turned to walk back to Blaby. Some of the group headed back home and a couple of us continued the walk to the Blaby Golf Club cafe where we had a refreshing cold drink before saying our goodbyes.

Why not join us, we meet on the first Wednesday of the month, 10.00am at Bouskell Park.

## MEETINGS

TODAY'S MEETING :- Wednesday, 8th July, 2026

Health Watch Leicester & Leicestershire Guest Speaker - Helen Dwyer  
An Independent, Non Profit Organisation which represents local Health & Social Care Services. People tell us about their experiences, good and bad, so that we can help make changes by improving services. There is more information on our Website. **NB If there are any questions please write them down and hand them to Anne, our Speaker seeker, beforehand.**

NEXT MEETING :- Wednesday, 12th August, 2026

"A Policeman's Lot - Guest Speaker Alan Rogers

This talk is based on humorous anecdotes of Alan Roger's time in the Force. It also includes his time in India working with the government to create road safety courses.

MEETING :- Wednesday, 9th September, 2026

Guest Speaker - Steve Evans This talk covers progress on the reunification of the two sections of railway, Leicester to Loughborough and Loughborough to Ruddington. See website Reunification - Great Central Railway

**Please remember to silence your phone before meetings  
Don't forget to take your Newsletter home with you**

