

[www.blaby.u3asite.uk](http://www.blaby.u3asite.uk)

U3A is a national organisation for retired and semi-retired people who are no longer in full time employment, offering opportunities for members to come together in a friendly environment.

**August 2026**

Hi Everyone,

My obsession with the weather is equalled to the number of people who I hear saying that it's so very hot. 22 degrees seems cold and the grass is straw coloured and many are thinking of having Air Conditioning installed (the Social centre has it ). Wildlife is finding it tough but many are getting used to it. The good old British mentality of just getting on with it comes to the fore. Enjoy today's speaker, Alan Rogers, with his topic 'A Policeman's Lot'.

Steve Hammond-Evans  
Chair

## SPECIAL ITEMS

### RAFFLE PRIZES

We are inviting members to bring along items for the raffle table, so if you have any unwanted gifts etc we would be grateful if you could bring them along for the Wednesday meetings. This will save us money.  
Thanks.'

## GROUPS

### BOOK CLUB

Book Club are reading 'We all Live Here' by Jojo Moyes, a story of family and friendship, warm, funny and glorious.

We will be meeting on Tuesday September 8<sup>th</sup> this month, because of the Bank Holiday.

All books are borrowed from the library by Gill, so no need to buy. If you love reading, why not come along and join us as we discuss the current book that we are reading.

See Gill on the membership desk in the foyer.

## COFFEE MORNING GROUP

Meets on 4th Wednesday of the month at 11 a.m. at the Antiques Centre, Blaby. All are welcome - coffee and cake with friends

## STROLLERS

Only six of us managed today's walk in almost perfect weather conditions for walking. We decided on a canal walk so headed for Mill Lane, over the ford, stopping for several minutes to take in the tranquility of the river, accessing the canal past the Manor pub. At this point we had to put our plant identifying apps to good use to help identify Common Mugwort growing out of the road wall.

We carried on along the canal all the way to Crow Mills where we stopped for a few minutes to pick some lovely sweet blackberries and do a spot of litter picking. Perhaps we ought to change our name to the strolling Wombles!

Our homeward journey was via Mill Lane, with further blackberry picking and interesting conversations, ending with the obligatory drinks stop at EkoJoe Barista just off Mill Lane.

Thank you Strollers for a very enjoyable walk. Hopefully see you all again in September on the 1st Wednesday of the month at 10 a.m. at Bouskell Park.

**OUTINGS** - Tour of National Gas Museum, 195 Aylestone Road, LE2 7QJ

If you wish to join the group to visit, please complete the relevant form.

Donation of £3.00 per person (further donations can be given on day)

Tour begins at 10.30. Buses 84+85 stop outside. Upstairs looks at the history of gas, its source, collection and use. There is no lift. Toilet on the ground floor. No refreshments at the museum.

**NEW GROUPS** About these and other suggestions for Groups please contact :- Dawn West 0762 607620

**COMPUTER GROUP** - Tuesday/Friday

**2ND LUNCH GROUP** - Each Member to be prepared to organise a Lunch

**OUTINGS** - Bus Trips: Cost inc. any entrance fee, to be paid when booking

- Local/Own Transport [10-15 people]

e.g. National Gas Museum Trust LE2 7QJ See Above

Welford Road Cemetery (£6) 153 Welford Rd, LE2 6BF

Wigston Framework Knitters Museum, LE18 2BA

## LOCAL NEWS

Tilly Greenhill supports the following charities and would be glad to accept donations for:-

‘Smalls for All’ New/Good condition clean bras for 3rd World and UK women and girls in need

‘Spectacles’ for Charity recycling

## MEETINGS

TODAY'S MEETING:- Wednesday, 12th August, 2026

"A Policeman's Lot" - Guest Speaker Alan Rogers

This talk is based on humorous anecdotes of Alan Roger's time in the Force. It also includes his time in India working with the government to create road safety courses.

NEXT MEETING :- Wednesday, 9th September, 2026

Guest Speaker - Steve Evans This talk covers progress on the reunification of the two sections of railway, Leicester to Loughborough and Loughborough to Ruddington. See website: Reunification - Great Central Railway

### **NOTE:- ADDITION TO U3A MAY TALK - FRAUD AWARENESS [13/5/26]**

from Sheta Jetha, Regional Fraud Protection Officer.

If you think you've been a victim of fraud contact Report Fraud on 0300 123 2040 or via the website: [reportfraud.police.uk](https://reportfraud.police.uk)

**"How to spot courier fraud"** - Courier Fraud typically begins with an unexpected phone call from someone claiming to be a police officer or bank employee. Victims are told their account is at risk or that they are assisting with an investigation, before being instructed to withdraw money, purchase items or disclose sensitive information. A courier is then sent to collect items such as jewellery, cash, bank cards, and PINs. In reality this is the work of criminals and anything handed over is lost.

#### **"How to protect yourself from courier fraud"**

**-Transferring Money:** Your bank or the police will never ask you to transfer money to a safe account.

**-Couriers:** Your bank or the police will never send a courier to your home to collect bank cards, cash or other valuables such as jewellery.

**-Check if it's genuine:** Contact the organisation directly using contact details you know are correct, such as those on official websites, the back of your card or by calling 159 for your bank.

**-Caller ID:** Don't trust the Caller ID display on your phone - it's not proof of ID

**-Report suspicious calls:** You can report suspected scam calls by sending a text to 7726 with the word 'Call' followed by the caller's number.

National U3A Newsletter <https://www.u3a.org.uk/nws/newsletter>

**Please remember to silence your phone before meetings**

**Don't forget to take your Newsletter home with you**

